



Wellness COMMUNITY festival

in partnership with **Shenandoah University**

Saturday, February 28, 2026
10 AM – 5 PM

Apple Blossom Mall • Winchester, VA

- 80+ Health, Wellness and Fitness Exhibitors
- The Healthy Kid Experience: Wellness Fun for Kids
- Free and Low Cost Health Screenings
- Fitness Demonstrations

► Learn more at www.valleyhealthlink.com/wellnessfestival.

Funded by the Winchester Medical Center Foundation

