



Wellness festival

COMMUNITY

in partnership with **Shenandoah University**

Saturday, February 28, 2026

10 AM – 5 PM

Apple Blossom Mall • Winchester, VA



- 80+ Health, Wellness and Fitness Exhibitors



- The Healthy Kid Experience: Wellness Fun for Kids



- Free and Low Cost Health Screenings



- Fitness Demonstrations

► Learn more at www.valleyhealthlink.com/wellnessfestival.

Funded by the Winchester Medical Center Foundation



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UNIVERSITY
Eleanor Wade Custer School of Nursing


APPLE BLOSSOM MALL
A SIMON MALL

 **ValleyHealth**

Healthier, together.